

Garden of Peace **בגן השלום**
By Rabbi Shalom Arush

- 1) Foreward
 - a) Each spouse is 100% responsible for peace in the home, *shalom bayit* **שלום בית** . Neither should police the other. Therefore each spouse should read the book for them, NOT their partner's. 17
 - b) Peace in the home, *shalom bayit* **שלום בית** is an exotic garden. Redemption of our people contingent on it. Shekhinah follows. Opposite also true. 21
- 2) Chapter One: The Most Important Mitzvah
 - a) Remaining single: easier.
 - i) It is just that those who get married will have the normal problems of married life. CJB
 - ii) But those who marry will face many troubles in this life. NIV 25
 - iii) Zohar?? 26 Pshat, remez, drash, sod
 - iv) Tikkun **תקון**, correction 26 lot in life Ro 8.28 p 28, 29
 - b) Superspiritual 31, 32
- 3) Chapter Two: No comments, Please
 - a) Wife of a critical husband. Never criticize [?????] 38
 - b) Mirror 41 → 45
 - c) **התבודדות** *Hit-bodeh-dut* seclusion, secret, private prayer. 47 shock treatment, greater effort to improve himself. Sarah's flaw
 - d) Sun and moon 50
 - e) Lev 19. 17-18 rebuke your neighbor frankly, so that you won't carry sin because of him...love your neighbor as yourself; I am ADONI. Cf 52
 - f) Women and criticism 54??
 - g) Guidance and criticism: 57
 - h) Middle road 61
- 4) Chapter Three: First Place = in her husband's priorities. She needs to *feel* it.
 - i) giving honor unto the woman, as unto the weaker vessel,
 - ii) giving honour to the woman who is the feebler vessel, but who has an equal part in the heritage of the grace of life; so that you may not be kept from prayer.
 - iii) they are more delicate than you. Treat them with respect,
 - b) Central axis
 - i) When she needs something, he should jump to do it
 - ii) When she opens her mouth, he should FOCUS his ears as if MOST important.
 - iii) When she feels first place → joy, strength, vitality
 - c) The needless list, ie., eliminated by *feeling* first place
 - i) Chronic lateness
 - ii) Inattentiveness when she speaks
 - d) A woman's oxygen

Tehilim/Ps 45.13 "Inside [the palace], the king's daughter looks splendid (i)

כָּל-פְּבוּדָה בַּת-מֶלֶךְ פְּנִימָה

 - ii) Arush: The entire dignity of a princess is internal 65
 - iii) A woman's soul thrives on dignity

- iv) Honor first and foremost form the feeling that she's the most important thing in her husband's life: he needs to internalize and RADIATE that message 66
- v) Pray to HaShem to help a husband implement this.
- e) Devoting the time
 - i) Biggest success in your life is marital bliss
 - ii) Come home with time for her and kids, and with warm smile and greeting 67
- f) Don't be caught off guard: One bad attitude → sour words → 3x time & effort to repair
- g) Guarding your investment
 - i) Respond QUICKLY, even during the Superbowl
 - ii) Attitude: loving, willing, quick on his feet to help. NOT fear of displeasing, irritation
- h) Big profit: once she *feels* secure that she is first place, she'll give respect, freedom from demands
- i) The root: If she feels first place, nagging and complaints will disappear, Divine assistance in whatever he does
- j) Communication Breakdown: all this not usually articulated. 72
- k) Foresight
 - i) An hour of food shopping together saves 10 hours of tension and arguments
 - ii) Don't insist on winning all arguments
 - iii) Pray exceedingly for humility.
 - iv) Wisdom [love and blessing] >> being right
 - v) Prayer that her needs, aspirations, desires above mine
- l) You shall desire your man
וְאֶל-אִשְׁךָ תִּשְׁקֶתָּךְ, וְהוּא יִמְשָׁל-בָּךְ
 - i) A husband governs his wife's moods. She can have genuine happiness only through him, his attention, love, and respect.
 - ii) Before sin no death, so now receives life and vitality from Hubbie
 - iii) By prioritizing her, he leaves the false interp of **משל** "military rule" physical might 75
- m) Like an ape:
 - i) kind words, frequent complements, *feeling* she's the best, most beautiful, smartest, etc. to him
 - ii) reassurance if she considers herself inferior to anyone else female in his life
- n) Education, child rearing Prioritize wife >> children 77 3 points
- o) Stepchildren dangers 79
- p) Livelihood: anytime she asks for money, he should give it willingly [?]
- q) Career: entire project << one minute of her happiness
- r) Comparisons: even to your own mother 81
- s) Guarding one's eyes 82
- t) Walking in the door: sweet words, refrain from reprimanding
- u) This is the Torah:
 - i) brisk manner to fulfill her wishes.
 - ii) Right away sweetheart, my greatest pleasure, honey Answers her quickly
 - iii) Her decision if income or career damaging. 86
 - iv) Wife of HaShem and Torah? 87-88 guidelines
- v) Credit for achievement: after burner 90
- w) Urgent meeting 91, 93 Mishlei/Prov 16.7 When a man's ways please ADONAI, he makes even the man's enemies be at peace with him.
 - i) 6 hours
 - ii) Summary

5) Chapter Four: BE A MAN

- a) Summary: No Comments, First Place. Hard? Better
- b) A lost cause? 96 What about her? "I never speak negatively to or about women." 97
 - i) A man's role as a giver is the backbone of this entire book.
 - ii) Men are created as givers, and women as receivers. 97 Women don't need to be taught how to be women, receivers. In this Men have lost their male characteristics. 98
 - iii) Son and moon 50, 99 'A wife's vitality depends on the "spiritual light" that her husband shines on her, when he is kind and considerate.' When he's critical and stingy, she suffers in a dark cloud of sadness.
 - iv) Give without expecting to receive. Give what?
- c) Start Being a Man 99
 - i) Definition of manliness 99 second paragraph
 - (1) ^{Lk 6 33-36} What credit is it to you if you do good only to those who do good to you? Even sinners do that. What credit is it to you if you lend only to those who you expect will pay you back? Even sinners lend to each other, expecting to be repaid in full. But love...do good, and lend expecting nothing back! Your reward will be great, and you will be children of Ha'Elyon; for he is kind to the ungrateful and the wicked. Show compassion, just as your Father shows compassion.
 - ii) To internalize all these traits, one must pray.
 - iii) Female husbands to become male.
 - (1) Give his wife honor and attention
 - (2) Forgiving and able to cope
 - (3) Happy and smiling
 - (4) NEVER SAY, "She offended me." A man shouldn't get offended. ^{Ps 119.165} Great peace have they which love thy law: and nothing shall offend them.
 - (5) "When a man feels offended, it means that he wants honor...a female trait." 100!
 - (6) "Women can't stand a man who gets offended and insulted.
 - (7) Summary each chapter 101
 - (8) Lack of emuna **אמונה** faith: no comments, pray for it, work on himself, wait
 - (9) Rich miser story 101-105
 - (10) Source: lack of personal holiness = lust for sexual pleasure and satisfaction [!]
 - (a) Wanting to give more than receive
 - (b) Seeking honor, attention, empathy, etc. → him becoming miserable and weak.
 - (11) Three levels: lowest: "Stay as far away from sexual lust...both outside and inside the home." [??]

6) Chapter Five: HONOR YOUR WIFE evil inclination Heb *yester harg* **יצר הרע** Gen 4.7, Psalm 51.7, Ro. 7.14

- i) For a man principally expressed in sexual lust ?
 - ii) For a woman, principally expressed in desire for honor/attention [no sex drive according to Dobson, attention drive] ?
 - iii) A woman's joy and vitality from the honor/attention she receives from her husband.
 - iv) Money, helpfulness, loyalty all useless w/o respect and loving attention → miserable, hopeless, broken → hostile.
- b) Her Beauty 110:
- i) She has been created to have the precise form and beauty that enables her to please her husband. ?
 - ii) Talmudic truth? "A man without a wife is not a man." Lev 16.6 I Cor 7.28-30 "Grace grower" Better man **כי** suffering.

- iii) Rejoice at your festivals Dt. 16.11, 14, Dt 24.5 “If a man has recently married his wife, he is not to be subject to military service; he is to be free of external obligations and left at home for one year to make his new wife happy.”
- iv) Lavish complements and kind words
- c) Why complain
 - i) 112 If a wife is unhappy, it’s the husband’s problem, not hers. !!! Shortcomings of a wife are rooted in the husband
 - ii) 113 Pray that they will believe that we love them.
 - iii) Shmirat HaBrit שמירת הברית see glossary p 347 Mtt 5.27-30 purity of mind, habits
 - iv) A wife who feels that her husband doesn't love her is liable to lose her mind from pain and sorrow. The moment she reaches the conclusion that her husband doesn’t love her, she becomes full of anger, despondency, and despair.” [???true of Messiah believing wives??] 113
 - v) Never show her any anger
 - vi) Many, many complements
- d) Isaiah 3 You have clothing... Zohar quote NOT AUTHORITATIVE
 - i) 114?? Sex Begins in the Kitchen: Because Love Is an All-Day Affair Dr Kevin Leman
 - (1) He must ask permission. Such a thing as marital rape?
 - (2) First praise and placate her...forbidden to lie with her 1 Cor 7.4-5 “Do not deprive...” Instruction for demand or for serving.
 - (3) Gen 28.11 a bed of stones with the Presence of the Ruakh >> a kingly bed
 - ii) The home is the wife’s domain 115
 - (1) His wife is the General of the home, and he is a private. [!!]
 - (2) He might even be the Commander-in-Chief or the President. But, when he walks through his front door of his house, he reverts to being a private and awaits orders. [!!]
 - iii) Zohar poetry 116 on “bone of my bone...” compliments
- e) Honor
 - i) 117: traditional Ketuba: obligated to honor/love ones wife, NOT linked in any way to her behavior.
 - ii) Demand honor?? [Eggerichs]
 - iii) 118 Honor that a wife gives a husband is in consequence. Unnatural
- f) Who is the man in the house?
 - i) Dt. 28.10 humble → revered?
 - ii) Unassuming 119
 - iii) Male sons
 - iv) “Grace Grower” Annie Schumacher A wife is an instrument of growth to her husband 120 2nd paragraph
- g) Fulfilling obligations
 - i) I’m in pain
 - ii) 121 עזר כנגדו ezer k’neg-do “a helper against him”
 - iii) if he merits...personal holiness
 - iv) 122 thru the eyes of emuna = active, working faith = אמונה Gal 5.6 Prov 16.7
 - v) Shalom Bayit שלום בית, Peace in the home, is supernatural
- h) To illuminate, and not to make comments
 - i) If the husband is more a lover of G-d than his wife, what to do? Correct her → makes spirituality her dimisher
 - ii) 124 Prov 21.1
 - iii) Irritations and prayer Ps. 104.35 Not comments
- i) Honor and be honored: a way of life, no matter what

- 7) Chapter 6 Facing each other: apparent contraction between Ex 25.20 **פְּנֵיהֶם אִישׁ אֶל-אָחִיו** faces toward one another, and 2Chron 3.13 **לְפָנֶיהֶם לְבַיִת** faces toward the house. Talmudic explanation, Bava Batra 99a, When Israel please G-d, cherubs face each other like lovers into each other's eyes, like G-d looking at Israel. When Israel disobeys, cherubs turn away, like G-d turns away. [?] Analogous to Shalom Bayit **שלום בית**, supernatural Peace in the home is a certificate on the wall of the couple's [particularly the husband's] spirituality. **בית** can also mean inward.
- a) The problematic body: A wife's happiness dependent
 - i) Love and respect
 - ii) His sexual conduct in consideration of her needs >> his lusts.
 - b) Attention or lust
 - i) Gen 3.16 "Your desire will be toward your husband, but he will rule over you." Means a woman's vitality... and following three ¶s p 130-131
 - ii) Example of Amnon and Tamar 2 Sam 13
 - iii) When a husband craves his wife, he'll ultimate hate her.
 - iv) Two bottom ¶ p 132-133 Prov 9.17, 18.1
 - v) Yeshua Mtt 5.28 A man who even looks at a woman with the purpose of lusting after her has already committed adultery with her in his heart. 29 If your right eye makes you sin, gouge it out and throw it away! Better that you should lose one part of you than have your whole body thrown into Gei-Hinnom.
 - c) The Mitzvah of "Her Time"
 - i) "Women look only to spiritual intimacy and consideration – this is what they love." Constant closeness of mind and soul or disgust, degradation, pain.
 - ii) With **her** ¶ two-four p 134
 - iii) Her time, or his time, giving to his wife, guarding his personal holiness
 - d) Vicious Cycle: troublemaker's strategy beautifying a wife to her husband
 - e) Get out of purgatory ¶2 p 137 "to your husband will be your desire, not the other way around"
 - f) Holiness: Flies in the Temple [??] p 138, flies and mosquitoes?? "True love is only possible when the husband has weakened his passions and is not lustful" HOW?? Nullify?
 - g) Peace to the distanced
 - i) Prov 16.7 When a man's ways please ADONI, he makes even the man's enemies be at peace with him.
 - ii) P 140 ¶two Gal 2.20 no Christian writer goes here. None.
 - iii) ¶3 Story of David
 - h) The Greatest punishment Zohar p141 bottom is WRONG and story of Moshe and Tsipprah is wrong.
 - i) Let's get to work
 - j) There is hope: work of many years...If a person heeds the message and gets to work, then he has already succeeded. P 144 ¶2
 - k) Important warning
 - i) Tell your wife?
 - ii) Conjugal duties 145¶3
 - iii) Right approach 147 'feel her husband's love' ¶2-3

8) Chapter 7 The House of Prayer **הַתְּבוּדוּת** *hit-bod'dut* literally 'seclusion' according to R. Arush 'talking to G-d in our own language' as opposed to Siddur

a) This is your correction **תיקון** *Tikkun*

- i) 149-150 Story of young man growing in walk with G-d, particularly **הַתְּבוּדוּת** *hit-bod'dut*, loved to do for hours at a time
- ii) Enamored with a young woman not so inclined, warned and after the wedding came back to the rabbi with distressed circumstances. "Should I divorce?"
- iii) pg150 ¶4-5 pg151¶1-2 1 Cor 7.12-14
- iv) Then he wants to go deeper in Jewish observance, she doesn't, same solution
- v) Pg 152 "Accepted the situation with *emunah* **אמונה** = faith, looked for the messages that HaShem was sending him, and then faithfully set out to improve. ~Ro 8.28-30
- vi) Pg 152 ¶5
- vii) His tribulations helped him to achieve character traits and faith the few merit to achieve. 153
- viii) We shouldn't seek difficult situations.

b) A good ending

- i) "You anyway do **הַתְּבוּדוּת** *hit-bod'dut* for a few hours every day, start to dedicate one hour to pray that your wife should do **תשובה** *teshuvah* = repentance [!!] "An hour of prayer every day for somebody else will definitely have an effect" 153
- ii) Pg 155 ¶1-2, 5

c) Peace in the home through prayer

- i) Peace in the home is supernatural ~ splitting the Red Sea Ro 8.6-8 Mtt 19.8
- ii) Evil inclination tries to destroy marriages.
- iii) Establish the Word in our hearts Dt. 4.39 **וַיִּדְעַתְּ הַיּוֹם, וְהִשְׁבַּתְּ אֶל-לִבְּךָ** Know today, and consider in your heart Yn 15.1-3,7 pg 157¶4
- iv) Pray for everything, down to a lost button Dt 8.17 Prov 16.18

d) The power of an hour Pg 159¶3-4

e) An Amazing change 160¶3 161¶1-2

f) **תשובה** *teshuvah* = repentance or heavenly judgments

- איש** man
- אשה** woman
- יה** Yah, Adoni, Lord
- אש** fire

Dt. 23.15 Divine presence and immodesty? Defined as?? Cleavage, midriff, tight, Divine presence and joy/anger Ps 16.11

g) A helper against him: advantage of conflict at home; 165¶3

9) Chapter 8 The Way to a Happy Home

- a) Stories of two pairs of two brothers. Site of Temple or of idolatry. Self fulfillment = idolatry. Think about their needs and what would bring them joy. We should fulfill their needs lovingly, even if this means sacrificing things that we desire.
- b) Heaven in this world: 8 "They are to make me a sanctuary, so that I may live among them. **יַעֲשׂוּ לִי בְּתוֹכָם**; **מִקִּדְּשׁ**. "Among them" or "within them" 169¶3,4 "HaShem's greatest joy..."
- c) The importance of guidance
 - i) Problems are normal
 - ii) 171 ¶2
 - iii) P 172 extensive study ±
- d) Torah scholars 172
 - i) Learn from those less learned?
 - ii) 173¶3 Almost all problems from a lack of knowledge? ^{1 Cor 8.1b-3} Knowledge puffs a person up with pride; whereas love builds up. The person who thinks he "knows" something doesn't yet know in the way he ought to know. However, if someone loves God, God knows him.
- e) The perfection of creation I disagree with R. Arush's exegesis, but the conclusion is similar
 - i) ^{Gen 1.27} So God created humankind in his own image; in the image of God he created him: male and female he created them.
 - ii) ^{Gen 5.1-2} Here is the genealogy of Adam. On the day that God created man he made him in the likeness of God; He created them male and female; he blessed them and **called them Adam** [humankind, man] on the day they were created.
 - iii) 174¶3 cf ^{1 Cor 10.11-12} Nevertheless, in union with the Lord neither is woman independent of man nor is man independent of woman; for as the woman was made from the man, so also the man is now born through the woman. But everything is from God
 - iv) Significance of Shalom Bayit / Peace in the Home?
 - v) Peace in the home means? 176¶1 yes?
- f) Lovingkindness **חַסֵּד** Who first? Gothard story.
- g) A red carpet 177 ¶1-2 cf "First Place" 178¶2 179¶1
- h) Gratitude, 176, 180 Midrash on sand Ex 8.12 (16) gratitude to sand? Importance of gratitude.
- i) Homework: gratitude log 181¶2, praising her profusely
- j) Learning to smile 182 → reciprocation, face of a dog 184¶4
- k) Gratitude to HaShem: 185 ¶4 humility

10) Chapter 9 How Great is Peace P 187

- a) Peace is the means of blessing. Usually understood as the blessing. **יְיָ יְבָרֵךְ אֶת-עַמּוֹ בְּשָׁלוֹם**. May ADONI bless his people with shalom! Only with peace in home is possible Why?
 - i) Success: physical and spiritual
 - ii) Income
 - iii) Health
 - iv) Children's education
 - v) Comfort, joy, wisdom
 - vi) Starts with wife: if can live at peace with everyone, but not wife, implies? 188¶1,3
- b) Homework p 188 Love your neighbor as yourself.
 - i) Where quoted?
 - ii) Who is my neighbor?
 - iii) Story of wealthy couple. Foible of husband 189¶1? Motive?

- c) Source of all good: [from above, p160] When husband and wife “merit”? rather “allow”, each contributes unique letter, without unity and peace →?

אִישׁ man

אִשָּׁה woman

יְהוָה Yah, Adoni, Lord

אֵשׁ fire

- i) Devote all our energy
- ii) any price 190¶3
- d) Above everything else
- i) Nu 5: If a spirit of jealousy comes over him, and he is jealous of his wife, and she has become impure - or, for that matter, if the spirit of jealousy comes over him, and he is jealous of his wife, and she has not become impure - 15 he is to bring his wife to the cohen, along with the offering for her...The cohen will put holy water in a clay pot, and then the cohen will take some of the dust on the floor of the tabernacle and put it in the water...The cohen will make her swear by saying to her, "If no man has gone to bed with you, if you have not gone astray to make yourself unclean while under your husband's authority, then be free from this water of embitterment and cursing. But if you have in fact gone astray while under your husband's authority and become unclean, because some man other than your husband has gone to bed with you . . ." then the cohen is to make the woman swear with an oath that includes a curse; the cohen will say to the woman, ". . .may ADONAI make you an object of cursing and condemnation among your people by making your private parts shrivel and your abdomen swell up! 22 May this water that causes the curse go into your inner parts and make your abdomen swell and your private parts shrivel up!"- and the woman is to respond, "Amen! Amen!" 23 The cohen is to write these curses [including Tetragrammaton YHVH] on a scroll, wash them off into the water of embitterment.
- ii) Only place where we are commanded to erase YHVH. Meaning? 191¶1
- iii) Makes peace?
- e) No loss, all gain 191
- i) כָּל הַנִּקְרָא בְּשִׁמִּי, וְלִכְבוֹדִי בְּרָאֲתִיו: everyone [better: everything] who bears my name, whom I created for my glory - I formed him, yes, I made him.ⁱⁱⁱ Yeshayahu /Is 43.7 meaning?
- ii) 191¶4 Adoni forgoes own honor for peace in the home. Lesson to us? 192¶1 “When we concede something to make peace, we never lose, but only gain.” Is this toxic compliance? Tough love?
- f) Who is the King of Glory? 192 If husband fussy about his honor
- i) Proverbs 22:4 The reward for humility is fear of ADONI, along with wealth, honor and life. →
- ii) Proverbs 18.11-12 The wealth of the rich is his fortified city, like a high wall, in his own imagination. Before being ruined, a person's heart is proud; before being honored, a person must be humble.
- iii) Humiliation 192¶5 Ministry examples?
- iv) Blessing of self control [Ruakh control?] 193¶3
- v) More blessed to give than receive. Acts 20.35 Who said?
- g) Peace is priceless 194 Budget checking? 194¶3
- h) Mercy or cruelty? 1
- i) 94 ¶4 Should do? [harsh rebuke] 195¶3-4 196 ¶2? 4-5
- ii) Ps 37 3-7 Trust in ADONI, and do good; settle in the land, and feed on faithfulness. Then you will delight yourself in ADONI, and he will give you your heart's desire. Commit your way to ADONI; trust in him, and he will act. He will make your vindication shine forth like light, the justice of your cause like the noonday sun. Be still before ADONI; wait patiently till he comes.
- i) Dear Parents: Peace! In-Laws Your wife complains about your mother. What to do? 197¶1, 3
- j) Stand by her 198 your wife vs your sisters, Wife comes first! 198¶4
- k) All it's ways are peace

- i) 199¶2 good exegesis? Idolatry cancelled by unity? 199¶2 Shower his wife...
- ii) 199¶3 "prayer, pleasantness, love
- l) Wanting the best 199 difference of opinion and principle?
- m) Obstacle to growth
 - i) 201¶2, 6 "So if..."
 - ii) 202¶2 attain without prayer...is damaging
- n) Story p 202-208
- o) Holy Constriction 207¶3 "grace grower" 208¶4
- p) No shortcuts 209¶4
- q) This against that 210
 - i) 210¶2 Jess
 - ii) 211 ¶2 strategy for sharing ישוע Yeshua?
- r) Approaching married life 214¶3 ^{1 Kefa 4.8} More than anything, keep loving each other actively; because love covers many sins.